

SUGGESTED GO-KIT CHECKLIST

✓	#	ITEM
		BASIC KIT
	1	Carry case or large "butt pack"
	2	Dual-band (UHF/VHF) Handi-talky in padded case.
	3	Current FCC license, or copy thereof
	4	"Tiger tail" ground plane wire (enhances HT Tx & Rx by usually 3db+
	5	HT extra Hi-capacity batteries
	6	DC adapter and cigarette plug for HT
	7	AC adapter for HT, in the event of available 110v. power.
	8	Backup AA battery case for HT
	9	Extra 2A fuses for HT DC adapter plug
	10	Earphone & mike, or speaker mike
	11	Swiss Army-type knife with tool blades, screwdrivers, scissors, etc.
	12	Leatherman-type multipurpose tool
	13	LED flashlight w/extra AA batteries
	14	Pencil and pocket notebook
	15	Emergency money for gas, food, pay & phone \$10, \$5, 5x \$1, 4x \$.25, 5x \$.10, change & bills in small box.
	16	Battery operated or crank generator AM/FM portable radio
	17	Day-Glow flourescent vest, preferrably with stencil or large printing "Emergency Communications Operator"
	18	HT antenna adapters: SMA-SO to 259, SMA to BNC, & unique to your HT and external antenna systems
	19	RG8-x 6' jumper with BNC male on one end and female on the other to extend antenna from HT
	20	Spare eye glasses & sun glasses if you require prescription lenses.
	21	Mini-1st aid kit: Triple antibiotic cream, bandaids, moist towelettes, sun screen, insect repellent
	22	Pocket sewing kit
	23	Fire starting kit and wooden matches
	24	Pocket compass, good quality
	25	Operation manual for HT or Ref.card
	26	Frequency listing for EMCOM and phone numbers of EMCOM principals
		FULL SERVICE KIT
	27	Neck lanyard pouch for photo ID, spare car keys, emergency cash.
	28	Mobile or base transceiver, 25watt minimum, with power supply or battery connections. UHF/VHF/HF or D-Star
	29	Wheeled container for transporting or carrying Full Service Kit & Basic Kit
	30	Backup HT (if available) with extra batteries and unique accessories.
	31	Operation manual for HT, Mobile, Base Unit or Ref.cards
	32	Linear amplifier for HT, with appropriate power and connection cables
	33	Gain antennas, telescoping or flexible dual band @ 1/4 wave VHF or 5/8 wave UHF
	34	HT NiCd/NiMH and 12v. Gel cell wall chargers
	35	RG8-X jumpers with soldered PL-259s, 2x 2', 3', 6', 10', 25' with double female connectors to combine desired distance.
	36	BNC connectors to SO-239 & PL-259 in multiple gender combinations

For suggesting additional items or clarification of suggestions please contact Ken KI6HRH anergy@cox.net

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37	Cable ties (plastic or velcro ribbon) large and small, 12 ea.
38	Two sharpened pencils, sharpener, eraser, note pad, permanent marker
	ARES Field Resource Manual
	Comfort Safety & basic 1st aid items: small 1st aid kit, insect repellent, sewing kit, sun block, electronic tool kit.
39	DISASTER KIT (Long term?)
40	<i>Long term supplies should be inspected frequently and modified with seasonal changes and modifications of response parameters of involved agency.</i>
41	3-ring binder with San Diego County ARES/REMCOM/RACES/MRC Handbooks and/or directives. Net Control Operations Manual or directives.
42	AC charger for HT batteries and small gel cells.
43	Antenna mast kit, tripod & mast adapter
44	Dual band base antenna with 100' coax on reel
45	Dual-band or 2 Meter mag mount, with portable ground plane (metal cookie sheet)
46	High intensity LED area lighting with alligator clips for power connection
47	Leather work gloves, latex gloves, hand lotion
48	Pyropen soldering iron and propane fuel cells, 63/37 eutectic solder and flux
49	Rubber band supply, large and small sizes
50	Small portable combo Printer/Scanner/Fax machine, with extra ink cartridges
51	Tarp, pancho or shade structure
52	Toiletries: shampoo, soap bar, toothbrush & paste, contact lens supplies
53	Vinyl electrical tape, duct tape, rope and string
54	Weather suitable outerwear, rain slicker, shade hats and umbrellas
55	Wool blankets or insulated pancho liner
	FOOD SUPPLIES
56	Bottled water (sufficient for length of stay), canned or bottle juices. Normal estimates are 1-gallon of water/person/day needed for drinking and minimal washing.
57	Bread with long shelf life, Rye or white bread (high preservative levels), crackers
58	Cooking and cutlery utensils, plastic and washable or stainless steel
59	Food supplies which can be eaten cold or microwaved.
60	Hot plate, camping stove, small microwave
61	Instant coffee, tea bags, or dried drink additives with sweetener
62	Insulated cooler with several re-freezable ice packs
	Peanut butter & Jam for sandwiches
63	Snacks: hard candy, dried fruit & nuts, packaged energy bars
64	String cheese in vacuum sealed individual packages
	TOOL KIT AND SUPPLIES
65	Assortment of connectors, adapters, and cable fittings
66	Assortment of connectors, adapters, and cable fittings
67	Automotive jumper cables
68	Crowbar, digging shovel
69	Hacksaw for metal and wood/tree saw
70	Hammer, small claw and 4# sledge
71	Hook-up wire assorted gauges
72	Klein pliers (lineman pliers) with crimper and side cutters

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73	Needle nose pliers, large and small
74	Phillips screwdrivers, large, small, and micro for electronics
75	Safety belt & harness for tower climbing
76	Slip joint pliers, "channel lock pliers and medium Vise-Grip pliers
77	Slot screwdrivers, large, small, and micro
78	Socket wrench set, metric and SAE
79	Soldering iron, 110v, 12v. with non-lead solder
80	SWR meter for UHF/VHF/HF antenna adjustment
81	Vinyl electrical tape, duct tape, ropes and string
82	VOM, pocket size with test leads and 4x alligator clip leads
83	VOM, pocket size with test leads and 4x alligator clip leads
84	Wire cutters, small diagonal and cable cutters
85	Wire stripping pliers for multiple guages
	PERSONAL ITEMS
86	Cap or hat
87	Dental floss
88	Deoderant, mouthwash
89	Facial and toilet tissue
90	Femine hygiene items
91	Gloves
92	Hairbrush or comb
93	Hand lotion
94	Hearing aids, with spare batteries
95	Jacket, poncho, rain suit or sweater, depending on season
96	Mirror
97	pants
98	shirts
99	shoes (walking or camping style)
100	socks (wool & cotton)
101	underwear
	FIRST AID SUPPLIES
102	ACE-type elastic bandage, 2" & 4"
103	Alcohol
104	Anti-diarrheal OTC medication
105	Antiseptic cream or ointment, with anesthetic
106	Band Aids
107	Burn cream
108	Cloth tape
109	Cotton balls
110	Cotton swabs and tongue depressor blades
111	Cough medicine or drops, throat lozenges
112	CPR mask, dust and bacterial mask (N-95 or better)
113	FIRST AID manual
114	Gauze pads, 4x4 & 2x2
115	Hydrogen peroxide
116	Instant cold or heat packs
117	Latex gloves or Nitrile

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118	Laxitive, Anti-gas or Anti-acid meds
119	Mirror
120	Nail clipper
121	New Skin bandage
122	NSAIDs: Advil, Nuprin, etc.
123	Pill container for medicines
124	Prescription medications in pharmacy labeled bottles
125	Safety pins
126	Scissors+C115
127	Thermometer
128	Triangular bandages x3
129	Tweezers
130	Tylenol
	SHELTER/CAMPING SUPPLIES
131	A-B-C type fire extinguisher
132	Alarm Clock, wind up type
133	Candles and chemical light sticks
134	Carbon Monoxide detector
135	Compass
136	Garbage bags, ties and clothes pins
137	Generator and sufficient fuel storage and supplies
138	Lantern, electric or fuel
139	Plastic sheeting (Visquene) clear and black (opaque)
140	Portable toilet
141	Sleeping bags, blankets
142	Small broom
143	Tent, ground cloth or tarp
144	Waterproof matches or fire lighting equipment, cigarette lighter or flint set
	COOKING SUPPLIES
145	Paper/plastic plates & bowls
146	Paper/plastic cups or glasses
147	Plastic eating utensils
149	Can and bottle opener, manual
150	Sterno or camping stove and fuel
151	Cooking pots
152	Aluminum foil
153	Plastic wrap and zip-lock bags (large and small)
	SANITATION MATERIALS
154	Soap, hand bar & liquid. Antibacterial desirable
155	Towels, paper and cloth
156	Diapers if children present
157	Water purificatin tablets or household bleach (12 dropps/gallon of water for 1/2 hour or boil for 20 minutes.)
158	Baby wipes, with lotion if available
159	Toilet paper
	FOOD & WATER SUPPLIES
160	Canned meat or fish

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161	Canned vegetables and fruit
162	Canned macaroni, spaghetti, etc.
163	Canned beans/chili
164	Canned pudding or baby foods
165	Juice, powdered milk, water (2-gal/person/day)
166	Dried fruit, trailmix, granola, nuts, snacks or candy bars
167	Military MRE survival rations. (Light weight and easily stored)
	SAFETY EQUIPMENT
168	Batteries, sizes for all equipment
169	Chemical light sticks
170	Dust mask, N-95 minimum level or respirator appropriate to hazard
171	Ear plugs (Foam) or muff type
172	Flashlights, LED type preferred with extra batteries or crank-generator type
173	Goggles, plastic and vapor sealing with adjustable head strap
174	Hard Hat, safety helmet. Required by some agencies with deployment, I.e. AMC, etc.
175	Headlamp, LED preferred with mounting harness to allow hands-free work
176	Knife, camping type or switchblade
177	Red Cross 1st aid course and CPR Identification card copies
178	Spotlight, 2-million candlepower, operates at 12v.
179	Whistle, loud enough to gain passerby attention
180	Work gloves, leather, cotton or rubber
	RADIO EQUIPMENT
181	Anderson Power Pole kit and crimping tools
182	ARES/RACES/RECOM/MRC Net frequencies directory
183	Battery packs for each radio
184	Cell phone, GPS or APRS
185	External speakers
186	FCC license copy and personal photo ID
187	GMRS/FRS HT transceivers for intra-base communication
188	High capacity 12v. High Amp-hour batteries
189	Multi-outlet power strips and extension cords
190	Patch cords, adapters and extension coax jumpers
191	RADIO EQUIPMENT: 144, 220, 440, HF, D-Star, 6-Meter
192	Repeater directory-ARRL
193	Rubber ducky and mag mount antennas for FM
194	Scanner, portable and multi-frequency including weather channels
195	Self-contained Power backup units, rechargeable
196	Spare fuses for all rigs and portable power systems
197	Speaker mikes & headsets
198	Whip antennas, 5/8 wave
	Miscellaneous EMERGENCY Items
199	DMV License & Disaster Services worker ID card
200	Pens, Clipboard, Notepaper, notepads
201	ICS-213 Message forms
202	Log sheets or logbook
203	Rosters, with phone numbers of participating emergency personnel

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204	ARES/RACES/RECOM/MRC Uniform or ID badges
205	Binoculars or spotting scope
206	Weather tools: Hygrometer, Thermometer, Anemometer
207	Compass
208	Digital camera, with high capacity memory card, 1Gb minimum
209	Laptop computer with radio service programming
	PLEASE ADD ANY ADDITIONAL ITEMS OMITTED OR NEEDED!
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